

Please note, for this Sunday 23rd April only, there will be no classes at the Beaconsfield club at The Beacon Centre or at the Maidenhead club at the Braywick Leisure Centre. This is because we have our National TISKA Black Belt Championships taking place the same day.

All other classes at Chalfont club, Amersham club and Berkhamsted club are un-affected and will continue as normal.

Please feel free to attend a class at any of Shihan's other clubs to make up your session i.e. at Chalfont, Amersham or Berkhamsted. You do not need to ask or let us know in advance, just let the Secretary know when you register that you are making up a missed class.

Thank you.