

To all those of you black belts that train at the Chalfont Leisure Centre on a Monday evening, all Black belts today and all of April (Monday 27th March, Monday 3rd, 17th and 24th April), need to please attend the 6.45pm class as there will be no 7.40pm class due to it being a much quieter period/holidays, etc.

Your class will return to normal times (7.40pm) as from and including Monday 15th May.

Thank you.